

Pointe Show Sewing Instructions

IMPORTANT

Before you sew the ribbons and elastics on your pointe shoes, you must have your teacher approve the fit. You will not be able to return them if necessary if they are sewn.

Supplies

- Pointe shoes
- Ribbons (Gaynor Minden, purchased with shoes)
- Elastics (Gaynor Minden, purchased with shoes)
- Pencil
- Scissors
- Lighter, match, or candle

- Sewing Machine
-or-
- Needle, thimble, and strong thread (i.e. button thread, waxed thread, or dental floss)

Instructions



1. Make sure your drawstrings are secure. You don't want to pull one end into the casing.
2. Take ribbon out of packaging. Fold and cut into 4 equal pieces.
3. Take elastic out of packaging. Fold and cut into 2 equal pieces.



4. Singe the ends of each piece of ribbon, elastic, and the ends of the drawstrings. It only takes 1 second for each end. This will prevent fraying. (Singing is better than cutting on the diagonal with this particular ribbon.)



5. Fold down the heel of one shoe where the inner lining meets the back of the shoe. Mark with a pencil where that fold is at the top of the shoe on each side. Repeat with the other shoe. This is where you will place the ribbons.



6. Fold down one end of a ribbon piece $\frac{1}{2}$ "-1". Place the folded piece toward the inside of shoe with the back edge of the ribbon at your placement mark. Angle the ribbon slightly toward the toe of the shoe. Pin in place and repeat with the other ribbon pieces.



7. With one elastic piece, place each end on each side of the back seam of the shoe. Pin in place and repeat with the other elastic and shoe.



8. Machine Sewing:
Sew each ribbon piece in place using either a straight stitch or a zigzag stitch. Sew forward and backward over the ribbon 4-6 times being CAREFUL to keep all stitching below the drawstring casing. Repeat with the other ribbons. Sew each elastic in the same manner.



9. Don't worry that you can see the stitching. Remember that the shoes aren't worn at eye level ;)

Hand Sewing:

Using a needle threaded with a strong thread, sew with a running stitch (up & Down in a straight line) back and forth along the width of the ribbon 3-4 times being CAREFUL to keep all stitching below the sawstring casing. Repeat with the other ribbons.
Sew each elastic in the same manner.

Your teacher will adjust your drawstring and teach you how to tie your ribbons properly.
Welcome to the world of pointe!